



## Support Group Meetings

### **Northwest OKC Satellite Group**

Meeting place: Lake Overholser Church of the Nazarene  
Date: 2nd Thursday of the month 6:00-7:00 pm  
Contact: Barbara Beardin~405-433-2909

### **Ada Satellite Group**

Meeting place: Central Church of Christ @ 820 Stadium Drive  
Date: 2nd Monday of each month 5:30-6:30 pm  
Contact: Sandi~580-421-4543

### **Ft. Smith, Arkansas Support Group**

Meeting Place: Ft. Smith Public Library @ 3201 Rogers Ave  
Date: 3<sup>rd</sup> Thursday of each month 7:00-8:00 pm  
Contact: Claudia~479-434-2287

### **Wichita, Kansas Support Group**

Meeting Place: First Evangelical Free Church @ 1825 N Woodlawn St.  
Date: 2<sup>nd</sup> Monday of each month 6:00-7:00 pm  
Contact: Renee~316-519-0962

### **Madill Support Group**

Meeting Place: Integris-Marshall Memorial Hospital @ 1 Hospital Dr.  
Date: 4<sup>th</sup> Tuesday of each month 5:30-6:30 pm  
Contact: Joy Howell~580-795-2405

### **McAlester Support Group**

Meeting Place: McAlester Regional Hospital Wellness Center  
1400 E. Van Buren Blvd.~Joe Slippo Room  
Date: 2<sup>nd</sup> Tuesday of each month 5:30-6:30 pm  
Contact: Sherri Nixon~918-424-0077

### **Woodward Support Group**

Meeting Place: Bici Cafe  
Date: 1<sup>st</sup> Wednesday of each month 6:00-7:00 pm  
Contact: Anita Peck~580-9954732

### **Saturday Norman Group** (Living Our Dream)

Meeting place: Norman Regional Hospital (Education Center)  
Date: 3rd Saturday of each month @ 11:00 am  
Contact: Oklahoma WEIGHT LOSS Options~405-360-7100

### **OWLO Support Group**

#### **Moore Medical Center-North Atrium**

**Enter through Physical Therapy entrance**

Dates: **RNY** 2nd and 4th Tuesday of each month

**AGB** 1st and 3rd Thursday of each month

Time: 6:00-7:00 pm

Contact: Oklahoma WEIGHT LOSS Options~405-360-7100