



March 2005– National Nutrition Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3 6-7 Oklabandsters support group @ SHO	4	5
6	7 New office open for business!	8 6-7:30 Support Group & Model Meeting (after) @	9	10	11 Door Prize!	12
13	14	15	16	17 St. Patty's Day! 6-7 Oklabandsters Support Group @ SHO	18 Door Prize!	19 11-2 Living Our Dream Meeting & Model Meeting (after) @ NRH
20	21	22 6-7:30 Pot luck dinner & recipe swap @ NRH	23	24	25 Door Prize!	26
27 Easter	28	29	30	31	1 Door Prize!	

As of March 7th, our new office opens in Norman! (note the address to the right). We'll see you there!

March is National Nutrition Month®. Come to the office to register for door prizes (you do not need to be present to win) and to participate in various nutrition activities.

To celebrate National Nutrition Month®, we are selling flax oil and Benefiber® at 1/2 price while supplies last. Grape & lemon fruit protein drinks, blueberry protein bars, chewable iron, and chocolate chewable fiber are **FREE** all month while supplies last!!! If you have any questions, please call the new number or email Kasey Koster RD/LD at kkoster@owlo.com. Have a great day!

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